



1201 North Warson Road  
St. Louis, Mo 63132  
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DimensionsDanceCenter.com

**2010/2011  
Season  
Class Schedule**

Intro classes: 3 years old by Aug 1  
Children's classes: 5 years old by Oct 1

**STUDIO ONE**

**Monday**

4:00	ages 5-7	Children's Jazz 1	Morgan
5:00	ages 6-9	Children's Jazz 2	Morgan
6:00	ages 10-15	Jazz 2	Morgan
7:00	ages 10-15	Lyrical 5	Morgan
8:00	ages 10-15	Jazz 5	Morgan

**Tuesday**

1:00	ages 3-4	Pre-K Intro to dance	Porfidio
4:00	ages 3-4	Pre-K Intro to dance	Morgan
5:00	ages 7-10	Children's Jazz 3	Morgan
6:00	ages 10-15	Lyrical 3	Morgan
7:00	ages 10-15	Jazz 3	Morgan
8:00	ages 15 +	Advanced Jazz	Morgan

**Wednesday**

4:00	ages 6-9	Children's Jazz 2	Morgan
5:00	ages 5-7	Children's Jazz 1	Morgan
6:00	ages 6-10	Children's Tap	Porfidio
6:45	ages 10-15	Lyrical 4	Morgan
7:45	ages 10-15	Jazz 4	Morgan

**Thursday**

9:30	ages 3-4	Pre-K Intro to dance	Morgan
1:00	ages 3-4	Pre-K Intro to dance	Porfidio
5:00	ages 10-15	Lyrical 2	Morgan
6:00	ages 10-15	Jazz 2	Morgan
7:00	ages 10-15	Intermediate Tap	Schmitt
8:00	ages 15 +	Adv. Jazz	Morgan

**Saturday**

9:15	ages 3-4	Pre-K Intro to dance	Morgan
10:00	by invitation	Jazz Trainee	Morgan

**STUDIO TWO**

4:15	ages 6-9	Children's Ballet 2	Zagarri
5:00	ages 5-7	Children's Ballet 1	Zagarri
6:00	ages 9-14	Ballet 2	Newton
7:00	ages 10-15	Ballet 3	Newton
8:15		Pointe 1	Newton

4:00	ages 7-10	Children's Ballet 3	Newton
5:00	ages 10-15	Ballet 2	Newton
6:00	ages 15 +	Advanced Ballet	Newton
7:15		Pointe	Newton

4:15	ages 5-7	Children's Ballet 1	Zagarri
5:00	ages 6-9	Children's Ballet 2	Zagarri
6:00	ages 10-15	Ballet 4	Newton
7:15	ages	Pointe 2	Newton

4:00	ages 7-10	Children's Ballet 3	Newton
5:00	ages 10-15	Ballet 2	Newton
6:00	ages 15 +	Adv. Ballet	Newton
7:15		Pointe	Newton
8:00	ages 10-15	Advanced Tap	Schmitt

9:30	by invitation	Ballet Trainee 1	Newton
10:45	by invitation	Ballet Trainee 2	Newton

**Please read complete brochure for important information regarding studio policies and tuition**

*Dimensions Dance Center* is a unique, nonprofit dance studio. Our belief is that the discipline of dance develops self esteem, coordination, and self confidence and that these benefits can be achieved in a fun, positive, and professional atmosphere.

**Our Mission:**

- ◆ To train and educate developing artists in the art and discipline of dance.
- ◆ To provide performance opportunities for these artists and to give back to the community through performances, educational demonstrations, workshops, recitals, and classes.
- ◆ To provide scholarships for dancers who demonstrate financial need and show promise as dancers.

We work to encourage students of all ages and abilities to develop a love for dance whether they aspire to become professionals or simply enjoy dance as a part of their lives.

*Donations made to DDC to support our programs  
are tax-deductible and greatly appreciated.*



## Tuition

### **TUITION IS DUE BY THE 10TH OF THE MONTH.**

**Late Fees:** tuition paid after the 10th of the month is subject to a \$5.00 late fee.

Tuition will not be prorated due to missed classes.

Students are encouraged to make up all missed classes.

<u>Number of classes per week</u>	<u>Monthly Fee</u>
One - 45 min class	42.00
One - 1 hour class	52.00
Two - 45 min classes	73.00
One 45 min class + 1 hour class	83.00
2 classes per week	93.00
Two 45 min classes + 1 hour class	119.00
3 classes per week	134.00
4 classes per week	166.00
5 classes per week	197.00
Unlimited Classes	217.00
Pointe classes - one per week	add 25.00
two per week	add 50.00

Trial Class: \$15.00

Individual Class: \$15.00

### **Family Discount**

10% for families enrolling

2 or more students

**BIRTHDAY PARTIES** call for rates  
**GIRL SCOUT TROOPS** \$6 per student

### **Scholarship Program**

Dimensions offers the opportunity for all students to pursue dance training regardless of financial need. Previous experience is suggested but not required to receive scholarship support. We are looking for qualities such as a strong desire to pursue

## Dance Student Etiquette

- Come to class prepared to work and learn.
- Be on time and attend class consistently.
- Please call the studio if you will be absent.
- Students are expected to treat each other, staff, and property with respect at all times.
- Please no parents in the dance studios while class is in session. There are observation windows in both studios.

## Class Descriptions and Attire

**HAIR:** for all classes students must have their hair securely pulled back away from the face and off the neck. Hair that is loose and in a dancer's eyes presents a significant distraction. Children's Ballet 3, Teen Ballet and Adult Ballet classes should wear buns

**Ballet:** Classes cover traditional ballet movements and vocabulary using classical music. Ballet is the foundation for dance and develops balance, grace, alignment, flexibility, and strength.  
**Attire:** leotard, tights, ballet shoes. Trainee classes speak to Michael Newton regarding leotard.

**Introduction:** Introduces the young student to dance. Students learn basic ballet and jazz and perform activities that promote imagination, rhythm, and coordination. Dancers have fun while they learn the basics and execute routines that develop memory, dance vocabulary, and coordination. **Attire:** leotard, tights, pink ballet shoes, skirts optional.

**Jazz:** An exciting mix of New York style contemporary jazz and traditional techniques. Dancers learn to master the essentials as well as more contemporary movements.  
**Attire:** black jazz pants or capris, leotards, fitted dance tops, tights, dance shorts, black jazz shoes. Trainee class please speak to Sandra Morgan regarding leotard.

**Lyrical Jazz:** A fluid style of jazz with a ballet influence. Movements are graceful and flowing but with an edge that reflects the contemporary music. Dancers learn both jazz and ballet techniques and vocabulary.  
**Attire:** see jazz.

**Pointe:** Students with ballet experience only.  
**Attire:** leotard, tights. Please see Michael Newton for proper fit of pointe shoes.

**Tap:** Teaches "rhythm tap" movement and vocabulary emphasizing creativity and style, using the body's natural movements to strengthen technique.  
**Attire:** leotards, jazz pants, fitted dance tops, tights, dance shorts, oxford style tap shoes.

## Important Dates and Studio Closings

**Bad Weather:** There will be a message on the studio voice mail regarding class cancellations. (we follow the Ladue School District regarding school closings). Tuition will not be prorated due to inclement weather however, students have the option to attend a make-up class.

**Dimensions Dance Company Dance Concert**  
March 5 and 6  
Missouri History Museum, Lee Auditorium

**Spring Break - CLOSED**  
Monday, March 22 thru Sunday, March 28

**DDC Company Applications**  
2010-2011 Season  
Due May 1, 2010

**Closed Memorial Day**  
Monday, May 31

**2010 Nutcracker Auditions**  
August 2010

## Dance FAQs

### Which class is appropriate for me?

To determine correct class placement you should speak to the artistic director, Sandra Morgan or the ballet master, Michael Newton. Factors such as age, prior experience, ability level, future goals, outside commitments and other factors determine class placement. We take a conservative yet flexible approach to placement, ensuring that students are challenged but not overwhelmed.

### How many classes a week should I attend?

For young children (ages 3 to 6) one class a week is often enough. However, a parent knows their child's individual attention span and energy level best and may feel that they will do well enrolling in two classes per week. Students ages 7 to 9 who wish to pursue dance and performance should attend a minimum of two classes per week (including ballet) ages 10 and up should attend a minimum of three classes per week (including ballet).

### Which class(es) should I choose?

When a child is first beginning to take dance, the type of dance class they attend is not as important as their sense of enjoyment and accomplishment. Dancers can excel after beginning in ballet, tap, or jazz. As students become more serious about dance, ballet becomes a necessity. Ballet provides the fundamental theories of body placement and posture, balance, coordination, and flexibility. It is the cornerstone of all dance forms.

### What should I do if I have to miss a class?

It is essential that you or your parent call the studio and let the receptionist know that you are unable to attend. Speak to your instructor or the artistic director to schedule an appropriate make-up class. Tuition will not be refunded as students have the opportunity to make up all missed classes.

## Performance Opportunities

### *Annual Studio Recital*

The Recital is held in June (Friday through Sunday). Students must attend class regularly to participate in the recital. Participation in the recital is strictly voluntary, however students are expected to take the commitment seriously.

### *Dimensions Dance Company*

DDC is an advanced level jazz dance company. Company performances have included National Dance Week, Loop in Motion, Jazz Dance World Congress in Chicago, IL and Buffalo, NY, the DDC Benefit Concert, the City Museum, and the St. Louis Dance Festival. DDC also provides performances for local schools through the outreach program.

### *Dimensions Companies 2,3,4, & 5*

These groups were founded to provide continued training and experience for developing dancers. Performances have included local fairs and events, the City Museum, St. Joseph's Institute for the Deaf, various retirement communities, the DDC Benefit Concert, annual public school tour, and the studio's recital. Dancers are required to attend three classes a week minimum plus rehearsal.

### *The Nutcracker*

Dimensions presents the Nutcracker in December each year. Opportunities are available for adults and children to participate. Students must be at least 8 years of age and have completed Children's level 3 ballet or above or Teen Ballet level 2 or above. Auditions are held in May.

## Faculty

**SANDRA MORGAN (ARTISTIC DIRECTOR)** has studied dance since the age of seven with such instructors as Frank Hatchett (at the Broadway Dance Center in NY), Joe Tremaine, Michael Newton and Jill Duncan. She has more than 20 years experience teaching and choreographing for children and adults. She attends continuing education classes and workshops across the country. Sandy is President of Dimensions Dance Center and founded Dimensions Dance Company for professional level artists in 1990, and later Dimensions four junior dance companies for aspiring artists. She has choreographed for the Jazz Dance World Congress, St. Louis University, local musicals, Dimensions' dance companies and other local dance organizations. Dimensions Dance Company began presenting an annual production of the Nutcracker to great acclaim in 2002. Sandy graduated Magna Cum Laude from Webster University with honors degrees in Computer Science and Business Management. Sandy is especially proud to be mom to daughters, Annie and Hayley, and son Jake.

**MICHAEL NEWTON (BALLET MASTER)** founded the Newton School of Ballet in St. Louis in 1978. He has trained with such masters as Michael Simms, David Howard, Luigi, Brian McDonald, Fernand Nault, Merce Cunningham, Anna Sokolov, and Ben Harkavy. Michael performed with Les Grandes Ballets Canadiens and American Ballet Theatre II. He was a Principal dancer with the Alberta Ballet Company and a guest artist with the New York City Opera Ballet. His students have gone on to dance on Broadway and with many professional jazz and ballet companies. Michael has been Ballet Master at Dimensions since 1994 and became Ballet Master for St. Louis Ballet Company in 2004.

**Sherry Schmitt** Sherry attended Webster University where she received a Bachelor of Arts in dance and a Bachelor of Science in Mathematics. Her performance credits include 42nd Street, A Chorus Line, Gregson Television Production comedy pilot, Miss Missouri Dance Finalist, Joe Torry Celebrity Basketball Game, Starpower Nationals 1st place soloist, St. Louis Storm Twisters, St. Louis Stampede Dancers, St. Louis Swarm Stingers, and many others. Her choreography credits include Guest Choreographer for Dimensions Dance Center, St. Louis Renegades, St. Louis Steamers, St. Louis Believers, Pattonville Dance Team, Ritenour Rhythmettes, Hazelwood West Dance Team, Ursuline Academy and many award-winning competitive pieces. Currently, Sherry is an instructor/choreographer for Dimensions Dance Center, On Your Toes Dance Studio, St. Louis Dancers Academy and TTDC.

**Debi Porfidio** began her dance training at Simms Academy in St. Louis at the age of seven. She graduated from Stephens College with a BFA in dance and a BA in child development/psychology. She has choreographed for and danced in numerous St. Louis productions as well as in Chicago where she studied with Hubbard Street Dance Company. Debi was a dancer in Las Vegas at the "Folies Bergere" at the Tropicana for seven years. Debi has taught dance for 15 years at various St. Louis studios. She also teaches in the Ladue School District teaching movement to pre-school age children and serves as a Parent Educator in the Parents As Teachers program. She is a dance coach for Team Central and an acrobatics teacher for Charmette Academy of Dance.

**Alison Zagarri** is a graduate of Lindenwood University with degrees in dance and physical education (2004) and a masters of business administration (2006). She is a native of St. Louis and began dancing at the age of 5 studying ballet, tap, and jazz, and in college focused on ballet and modern. Alison's teaching experience includes ballet and jazz classes for ages 3 to 8 at the YMCA, adult beginning jazz through Lindenwood University, and for the past four years she has taught movement and gymnastics for children ages 10 months through 12 years at the Little Gym. Alison has also developed choreography for local dance teams and youth groups and has contributed several pieces to the Lindenwood University dance concerts. Alison's warm teaching style and great connection with young students makes her a wonderful addition to our faculty.

**Vicki Brown-Favazza**, is the artistic director and choreographer of her own dance company "Beyond Motion". She has taught ballet and jazz dance in Missouri and Texas and has directed/choreographed television commercials for the Fort Worth Ballet, HealthPartners and Taco Bueno. Vicki also taught dance at a gymnastic center in Texas and choreographed floor routines. Presently, she teaches jazz and modern in St. Louis and continues her dance company, "Beyond Motion." Vicki is creative director of her own production company and writes, produces, and directs local and regional commercials, national public service announcements, marketing/training videos and television shows. Her biggest accomplishment to date is being the mother of a beautiful, free-spirited daughter named Tori.